

FUTURO[®]



Health Supports & Braces

2015 Product Catalogue



Our expert panel of engineers and medical professionals brings innovative technology to every product we make.

3M

Futuro™ Health Supports and Braces

- Help to manage the symptoms of joint pain and instability.

THE SPORTS RANGE OFFERS:

- materials that are durable & comfortable during activity
- design to prevent bunching & slippage
- breathability during sweating.

THE EVERYDAY RANGE OFFERS:

- comfort enough to wear all day
- discreet skin colour.

PROPRIOCEPTION:

The continuous, gentle pressure of Futuro Health Supports and Braces stimulates special proprioceptors in the skin and tissue. The receptor stimulation can improve the body's biomechanics and coordination of muscles.

THERMAL BENEFITS:

Futuro Health Supports and Braces promote underlying tissue to warm up, promoting microcirculation. This increases metabolic activity in the warmer areas. More oxygen and nutrients reach the tissue, supporting the healing process.

COMPRESSION:

The compression that some Futuro Health Supports and Braces exert both on the joint and the underlying soft tissue prevents accumulation of fluid. Tension in the soft tissue diminishes, which leads to pain relief. Compression levels range from mild to firm.

Support Levels

MILD

Provides light compression, support and therapeutic heat retention to help relieve symptoms associated with minor sprains and strains and arthritis.

MODERATE

Provides adjustable levels of compression, support and therapeutic heat retention to help relieve symptoms associated with strains, sprains, arthritis and muscle pain.

MODERATE-STABILISING

Provides moderate support and stabilisation to help prevent re-injury and relieve symptoms associated with strains, sprains, arthritis, and repetitive stress injuries.

FIRM

Provides firm support using a combination of advanced materials to help prevent re-injury and relieve symptoms associated with strains, sprains, arthritis and repetitive stress injuries.

FIRM-STABILISING

Provides the highest level of support and stabilisation, using flexible, hinged, plastic, and/or aluminium stabilisers to help reduce risk of re-injury and relieve symptoms associated with acute injuries.



Precision Fit Ankle Support

NEW

PRODUCT BENEFITS

- › Low profile, contoured shape is designed for optimal comfort and support
- › Provides enhanced breathability compared to neoprene
- › Odour resistant
- › Flexible comfort strap adjusts for a personalised fit and support
- › Fits easily and comfortably inside your shoe
- › Enhanced heel strap for added comfort

SPECIAL FEATURES



SUPPORT MODERATE

USE EVERYDAY & SPORT

MATERIALS

POLYURETHANE, NYLON, SPANDEX, POLYETHYLENE

Customer Measurement Size

Adjustable
(17.8 – 29.9cm)

3M Product code	01037EN
RRP	\$29.80
GST applicable	Yes
Barcode	00051131200623



Therapeutic Arch Support

PRODUCT BENEFITS

- › Helps provide relief for foot, arch & heel pain associated with plantar fasciitis
- › Removable arch inserts provide custom support
- › 2 straps with 2 levels of support per pack
- › Odour resistant - designed for daytime use with or without shoes
- › Soft, breathable and durable materials
- › Straps should be worn with inserts of both feet to ensure proper alignment

SPECIAL FEATURES



SUPPORT MODERATE

USE EVERYDAY & SPORT

MATERIALS

NYLON, POLYESTER, POLYURETHANE FOAM, POLYPROPYLENE, SPANDEX.

Customer Measurement Size

Adjustable (21.5cm - 30.4cm)

3M Product code	48510EN
RRP	\$34.95
GST applicable	GST Free
Barcode	051131211407

ANKLE/FOOT



Night Plantar Fasciitis Sleep Support Foot

PRODUCT BENEFITS

- › Keeps foot in flexion to prevent ligament from shortening during sleep
- › Low profile support made with breathable, lightweight materials
- › Latex free materials
- › Fits right or left foot, can be worn with or without a sock
- › Comfortably holds the foot in the recommended therapeutic position all night
- › NOT recommended for individuals with diabetes, neuropathy or vascular disease

SPECIAL FEATURES



SUPPORT FIRM STABILISING

USE NIGHT

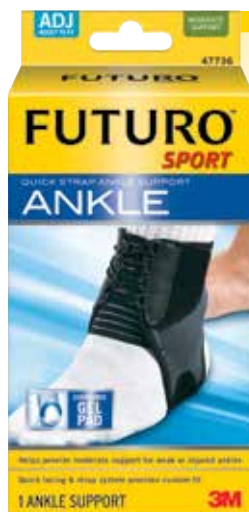
MATERIALS

POLYPROPYLENE, SPANDEX
POLYURETHANE FOAM,
POLYESTER, NYLON, TPE

Customer Measurement Size

Adjustable (20.3 - 38.1cm)

3M Product code	48507EN
RRP	\$69.95
GST applicable	GST Free
Barcode	051131201613



Quick Strap Ankle Support

PRODUCT BENEFITS

- › Helps provide moderate support for weak or injured ankles
- › Quick lacing & strap system provides custom fit
- › Contoured to fit comfortably inside shoe
- › Odour resistant
- › Soft, breathable and durable materials and cotton terry lining for moisture absorption & comfort
- › Gel cushion positioned around ankle bone for added comfort and support

SPECIAL FEATURES



SUPPORT MODERATE

USE SPORT

MATERIALS

NEOPRENE BLEND, NYLON,
COTTON, PVC,
POLYPROPYLENE, TPE

Customer Measurement Size

Adjustable (17.8 - 29.9cm)

3M Product code	47736EN
RRP	\$44.95
GST applicable	Yes
Barcode	051131196926



Slim Silhouette Ankle Support

PRODUCT BENEFITS

- › Comfortable Support for weak or injured ankles - sprains, chronic ankle instability and overuse syndromes. May protect from further injury.
- › Contoured fit tailored to the natural curves of a woman's foot and ankle
- › Easily fits inside shoes
- › Adjustable straps for a customised fit
- › Soft breathable materials to wear all day or during activities that cause discomfort

SPECIAL FEATURES



SUPPORT MODERATE

USE EVERYDAY

MATERIALS

COTTON, RUBBER, NYLON, POLYESTER, SPANDEX

Customer Measurement Size

Small/Medium (19.1 - 21.6cm)

3M Product code	95347EN
RRP	\$25.45
GST applicable	Yes
Barcode	051131201705



Sport Adjustable Ankle Support

PRODUCT BENEFITS

- › Helps relieve weak and sore ankles
- › Open-heel design for comfort and best fit
- › Comfortable, skin-friendly materials reduce sweating and keeps skin dry

SPECIAL FEATURES



SUPPORT MODERATE

USE SPORT

MATERIALS

NEOPRENE BLEND, POLYESTER, NYLON

Customer Measurement Size

Adjustable (17.8 - 29.9cm)

3M Product code	09037EN
RRP	\$27.70
GST applicable	Yes
Barcode	051131201439

ANKLE/FOOT



Wrap Around Ankle Support

PRODUCT BENEFITS

- › Supports weak or injured ankles relieving symptoms of arthritis and swelling
- › Soft breathable materials ensure all day comfort
- › Thin woven fabric for comfortable fit in shoe
- › Adjustable elastic strap for custom support
- › Reversible for either ankle

SPECIAL FEATURES



SUPPORT MODERATE

USE EVERYDAY

MATERIALS

COTTON, RUBBER, NYLON, POLYESTER, SPANDEX

Customer Measurement Size

	Small (18.0 - 20.5cm)	Medium (20.5 - 23.0cm)	Large (23.0 - 25.5cm)
3M Product code	47874EN	47875EN	47876EN
RRP	\$25.45	\$25.45	\$25.45
GST applicable	Yes	Yes	Yes
Barcode	051131200777	051131200784	051131200791



Sport Deluxe Ankle Stabiliser

PRODUCT BENEFITS

- › Optimal support brace for recuperation after sprains, strains and ligament tears that result in ankle instability
- › Reinforced side stabilisers help limit lateral motion without immobilising the entire joint
- › Adjustable ankle strap lift and support the arch of the foot
- › Designed to fit comfortably inside the shoe for all day wear during activity

SPECIAL FEATURES



SUPPORT MODERATE
STABILISING

USE SPORT

MATERIALS

NYLON, POLYESTER, URETHANE, POLYETHYLENE

Customer Measurement Size

Adjustable (20.3 - 25.4cm)

3M Product code	46645EN
RRP	\$73.10
GST applicable	Yes
Barcode	051131201514



Sport Moisture Control Ankle Support

PRODUCT BENEFITS

- › Designed to provide strength and support to weak or injured ankles as a result of ligament injuries
- › Maintains body heat
- › Provides compression and protection from further injury
- › Polartec material allows skin to breath relieving skin from discomfort caused by sweating
- › Open-heel design for comfort and best fit

SPECIAL FEATURES



SUPPORT MODERATE

USE SPORT

MATERIALS
NEOPRENE BLEND,
POLYESTER, NYLON,
SPANDEX

Customer Measurement Size

Adjustable (17.8 - 26.7cm)

3M Product code	48635EN
RRP	\$42.10
GST applicable	Yes
Barcode	051131200579



Sport Elastic Ankle Brace

PRODUCT BENEFITS

- › Supports weak and sore muscles around the ankle joint and arch
- › High-quality woven fabric for comfort and support
- › Anatomical shape for optimal fit
- › Less bulky design allows it to be worn inside shoes

SPECIAL FEATURES



SUPPORT MODERATE

USE SPORT

MATERIALS
COTTON, RUBBER, RAYON

Customer Measurement Size

	Small (18.5 - 20.5cm)	Medium (21.5 - 23.5cm)	Large (23.5 - 25.5cm)
3M Product code	FT3650	FT3651	FT3652
RRP	\$17.45	\$17.45	\$17.45
GST applicable	Yes	Yes	Yes
Barcode	051131191716	051131191723	051131191730

KNEE



Precision Fit Knee Support

NEW

PRODUCT BENEFITS

- › Patella shield provides extra kneecap support
- › Contoured shape is designed for optimal comfort and support
- › Antimicrobial treatment inhibits growth of odour-causing bacteria on the support
- › Flexible comfort straps adjust for a personalised fit
- › Easy to put on and take off
- › Comfortable material wicks away moisture and provides enhanced breathability.

SPECIAL FEATURES



SUPPORT	MODERATE
USE	EVERYDAY & SPORT

MATERIALS
SILICONE OR ACRYLIC;
POLYURETHANE, NYLON,
SPANDEX, POLYETHYLENE

	Customer Measurement Size
	Adjustable (33 – 45.7cm)
3M Product code	01039EN
RRP	\$49.75
GST applicable	Yes
Barcode	00051131200647



Active Knit Knee Stabiliser

NEW

PRODUCT BENEFITS

- › Breathable, 4-way stretch knit creates comfortable, custom fit that prevents slipping, even during rigorous activities
- › Patella gel ring provides cushioning comfort and targeted compression
- › Strong side stabilisers provide added support and keep support in place with silicone beads
- › Extra length for improved fit, extra comfort, and greater calf and thigh compression
- › Low profile and sleek design for all-day support

SPECIAL FEATURES



SUPPORT	MODERATE
USE	EVERYDAY

MATERIALS
POLYESTER, NYLON,
SILICONE, COTTON,
RUBBER, SPANDEX

	Customer Measurement Size			
	Small (Calf 30.5 – 35.6cm Thigh 36.8 – 41.9cm)	Medium (Calf 35.6 – 40.6cm Thigh 41.9 – 47.0cm)	Large (Calf 40.6 – 45.7cm Thigh 47.0 – 52.1cm)	XLarge (Calf 45.7 – 50.8cm Thigh 52.1 – 57.2cm)
3M Product code	48189EN	48190EN	48191EN	48192EN
RRP	\$51.45	\$51.45	\$51.45	\$51.45
GST applicable	GST Free	GST Free	GST Free	GST Free
Barcode	00051131201460	00051131201477	00051131201484	00051131191464



Slim Silhouette Knee Stabiliser

PRODUCT BENEFITS

- › Comfortable Support for weak or injured knees - provides mild support for weak or sore muscles above or below the knee. May protect from further injury.
- › Contoured fit tailored to the natural curves of a woman's knee with dual spiral stabilisers and a patella gel pad for added support and comfort
- › Easily fits inside clothing
- › Adjustable straps for a customised fit
- › Soft breathable materials to wear all day or during activities that cause discomfort

SPECIAL FEATURES



SUPPORT MODERATE STABILISING

USE EVERYDAY

MATERIALS

NYLON, SPANDEX, SILICONE, POLYURETHANE, POLYESTER

Customer Measurement Size

Adjustable (30.5 - 45.7cm)

3M Product code	95341EN
RRP	\$50.95
GST applicable	GST Free
Barcode	051131190030



Sport Adjustable Knee Stabiliser

PRODUCT BENEFITS

- › Helps give extra support for weak or injured knees
- › Double-sided stabilisers help provide medial and lateral support
- › Open patella design for added kneecap stabilisation
- › Reflective tab for enhanced night visibility
- › Neoprene blend material to help knee retain warmth
- › Side ventilation holes reduce bunching behind the knee and greater breathability
- › Adjustable for comfort fit

SPECIAL FEATURES



SUPPORT MODERATE STABILISING

USE SPORT

MATERIALS

NEOPRENE BLEND, POLYESTER, NYLON, SPANDEX

Customer Measurement Size

Adjustable (33.0 - 45.7cm)

3M Product code	47550EN
RRP	\$50.95
GST applicable	GST Free
Barcode	051131201569

KNEE



Comfort Lift Knee Support

PRODUCT BENEFITS

- › Breathable, dual-stretch material for optimal all-day comfort
- › Fine-knit comfort panel reduces bunching behind knee
- › Easy to wear slip-on style
- › Anatomical shape for optimal fit and joint protection
- › Latex Free

SPECIAL FEATURES



SUPPORT MILD

USE EVERYDAY

MATERIALS

COTTON, RUBBER, NYLON, POLYESTER, SPANDEX

Customer Measurement Size

	Small (30.5 - 36.8cm)	Medium (36.8 - 43.2cm)	Large (43.2 - 49.5cm)	XLarge (49.5 - 55.9cm)
3M Product code	76586EN	76587EN	76588EN	76589EN
RRP	\$21.70	\$21.70	\$21.70	\$21.70
GST applicable	Yes	Yes	Yes	Yes
Barcode	051131200982	051131200999	051131201002	051131200586



Sport Adjustable Knee Strap

PRODUCT BENEFITS

- › Provides gentle pressure on the tendons below the knee for temporary relief of irritated kneecaps (chondromalacia)
- › Helps relieve kneecap discomfort
- › Adjustable and durable hook & loop strap provides comfortable firm support

SPECIAL FEATURES



SUPPORT MODERATE

USE SPORT

MATERIALS

POLYESTER, NYLON, POLYETHYLENE, POLYURETHANE, SPANDEX.

Customer Measurement Size

Adjustable (31.8cm - 44.5cm)

3M Product code	09189EN
RRP	\$30.15
GST applicable	Yes
Barcode	051131200685



Stabilising Knee Support

PRODUCT BENEFITS

- › For firm support of overuse injuries of the knee
- › Open patella design for kneecap stabilisation
- › Dual side stabilisers provide lateral stabilisation without limiting movement and helps prevent re-injury
- › Soft, durable dual stretch material provides firm, flexible support without irritating seams
- › Latex Free

SPECIAL FEATURES



SUPPORT MODERATE STABILISING

USE EVERYDAY

MATERIALS

COTTON, RUBBER, NYLON, POLYESTER, SPANDEX

Customer Measurement Size

	Small (30.5 - 36.8cm)	Medium (36.8 - 43.2cm)	Large (43.2 - 49.5cm)
3M Product code	46163EN	46164EN	46165EN
RRP	\$36.95	\$36.95	\$36.95
GST applicable	Yes	Yes	Yes
Barcode	051131200739	051131200746	051131200753



Sport Adjustable Knee Support

PRODUCT BENEFITS

- › 3 adjustable straps and an open patella design for kneecap stabilisation, comfort and fit
- › For strength and support of weak or injured knees and relief of symptoms of arthritis
- › Side ventilation holes for breathability and reduced bunching behind knees
- › Comfortable neoprene blend material helps knee retain warmth

SPECIAL FEATURES



SUPPORT MODERATE

USE SPORT

MATERIALS

NEOPRENE BLEND, POLYESTER, NYLON

Customer Measurement Size

	Adjustable (33.0 - 45.7cm)
3M Product code	09039ENT
RRP	\$47.55
GST applicable	Yes
Barcode	051131201408

KNEE



Sport Moisture Control Knee Support

PRODUCT BENEFITS

- › Open patella design to provide stabilisation support, comfort and heat retention to injured knees
- › Comfort panel reduces bunching
- › Polartec material reduces sweating and keeps skin dry

	Customer Measurement Size			
	Small (33.0 - 38.0cm)	Medium (38.0 - 43.0cm)	Large (43.0 - 48.3cm)	XLarge (48.3 - 55.9cm)
3M Product code	45694EN	45696EN	45697EN	45699EN
RRP	\$48.35	\$48.35	\$48.35	\$48.35
GST applicable	Yes	Yes	Yes	Yes
Barcode	051131201378	051131201521	051131201385	051131201446

SPECIAL FEATURES



SUPPORT MODERATE

USE SPORT

MATERIALS

NEOPRENE BLEND,
POLYESTER, NYLON,
SPANDEX



Sport Elastic Knee Brace

PRODUCT BENEFITS

- › Provides basic compression support for weakened or aching knees
- › Anatomical shape for optimal fit
- › High-quality woven fabric for comfort and support
- › Sleek design to fit under clothing

	Customer Measurement Size			
	Small (26.0 - 31.5cm)	Medium (32.0 - 36.5cm)	Large (37.0 - 41.5cm)	XLarge (42.0 - 46.5cm)
3M Product code	FT3640	FT3641	FT3642	FT3643
RRP	\$17.80	\$17.80	\$17.80	\$17.80
GST applicable	Yes	Yes	Yes	Yes
Barcode	051131191679	051131191686	051131191693	051131191709

SPECIAL FEATURES



SUPPORT MODERATE

USE SPORT

MATERIALS

COTTON, RUBBER, RAYON



Custom Dial Wrist Stabiliser

NEW

PRODUCT BENEFITS

- › Two adjustable dials provide customised fit and stabilisation
- › Same technology as used in cycling shoes and ski boots - allows for precise stabilisation and comfort
- › Durable lacing and materials
- › Breathable, soft materials for all-day comfort
- › Low-cut, ergonomic shape allows for freedom of hand movement
- › Easy sleeve design for quick and easy application

SPECIAL FEATURES



SUPPORT FIRM STABILISING SUPPORT

SUPPORT EVERYDAY

MATERIALS
POLYCARBONATE, TPE, NYLON, BLUE ZINC, RAYON, VINYL, POLYESTER, POLYURETHANE, SPANDEX

Customer Measurement Size

Adjustable
(Wrist 14.6 – 19.6cm / Hand 17.7 – 23.4cm)

	Right Hand	Left Hand
3M Product code	601602EN	611612EN
RRP	\$58.10	\$58.10
GST applicable	GST Free	GST Free
Barcode	00051131200494	00051131200500



Precision Fit Wrist Support

NEW

PRODUCT BENEFITS

- › Comfortable material wicks away moisture and provides enhanced breathability
- › Antimicrobial treatment inhibits growth of odour-causing bacteria on the support
- › Flexible comfort strap adjusts for personalised fit
- › Contoured shape is designed for optimal comfort and support

SPECIAL FEATURES



SUPPORT MODERATE

USE EVERYDAY & SPORT

MATERIALS
POLYURETHANE, NYLON, SPANDEX, POLYETHYLENE

Customer Measurement Size

Adjustable
(11.4 – 24.1cm)

3M Product code	01036EN
RRP	\$29.80
GST applicable	Yes
Barcode	00051131200616

HAND/WRIST



Energising Support Glove

PRODUCT BENEFITS

- › Helps relieve mild hand or wrist discomfort
- › Reversible for right or left hand
- › Provides soothing warmth, support & flexibility
- › Breathable, latex free material for comfort
- › Ideal for typing or keyboard use, crafts or needlework, arthritis symptoms, and repetitive tasks

SPECIAL FEATURES



SUPPORT MILD

USE EVERYDAY

MATERIALS

NYLON, SPANDEX,
POLYESTER

Customer Measurement Size

	Small (16.5 - 19.0cm)	Medium (19.0 - 21.5cm)	Large (21.5 - 24.0cm)
3M Product code	09184EN	09185EN	09186EN
RRP	\$19.95	\$19.95	\$19.95
GST applicable	Yes	Yes	Yes
Barcode	051131200654	051131200661	051131200678



Night Wrist Sleep Support

PRODUCT BENEFITS

- › Gives support & comfort for a good nights sleep
- › Designed to promote a neutral wrist & hand position
- › Cushioning beads provide comfort & protection
- › Breathable, latex free material
- › Fits right or left hand

SPECIAL FEATURES



SUPPORT MODERATE
STABILISING

USE EVERYDAY

MATERIALS

POLYURETHANE FOAM,
POLYESTER, NYLON,
STYRENE BEADS, SPANDEX

Customer Measurement Size

	Adjustable (13.3 - 22.9cm)
3M Product code	48462EN
RRP	\$54.95
GST applicable	GST Free
Barcode	051131201606



Slim Silhouette Wrist Stabiliser

PRODUCT BENEFITS

- › May help relieve the symptoms of carpal tunnel syndrome
- › Contoured, comfortable, moderate support for weak, injured, or post cast wrists - requiring rigid stabilisation. May protect from further injury.
- › Contoured fit tailored to the natural curves of a woman's wrist with wrist stabilisers and a palmar gel pad for added support and comfort
- › Easily fits inside clothing - low profile
- › Adjustable straps for a customised fit
- › Soft breathable materials to wear all day or during activities that cause discomfort

SPECIAL FEATURES



SUPPORT MODERATE STABILISING

USE EVERYDAY

MATERIALS

NYLON, POLYESTER, URETHANE, SPANDEX AND ALUMINIUM

Customer Measurement Size

	Right (one size fits most)	Left (one size fits most)
3M Product code	95346EN	95345EN
RRP	\$46.25	\$46.25
GST applicable	GST Free	GST Free
Barcode	051131201699	051131201682



Deluxe Wrist Stabiliser

PRODUCT BENEFITS

- › Provides rigid support and helps relieve symptoms of pain, numbness and swelling associated with wrist injuries and disorders
- › Rigid palmar and dorsal supports help relieve symptoms of pain, numbness and swelling
- › Extra soft padding for improved comfort
- › Soft-touch fabric with brushed inner lining is cushioning and breathable
- › Adjustable closures for easy fit and application

SPECIAL FEATURES



SUPPORT FIRM STABILISING

USE EVERYDAY

MATERIALS

POLYESTER, VINYL, NYLON, NEOPRENE, POLYURETHANE, SPANDEX

Customer Measurement Size

	Small/Medium Right (14.0 - 19.0cm)	Small/Medium Left (14.0 - 19.0cm)	Large/XLarge Right (19.0 - 23cm)	Large/XLarge Left (19.0 - 23cm)
3M Product code	09090ENT	09144ENT	09137ENT	45538ENT
RRP	\$63.15	\$63.15	\$63.15	\$63.15
GST applicable	GST Free	GST Free	GST Free	GST Free
Barcode	051131200890	051131200876	051131200906	051131200883

HAND/WRIST



Sport Adjustable Wrist Support

PRODUCT BENEFITS

- › Use for symptomatic relief of arthritis, weak or injured wrists
- › Designed to provide comfortable support during sport and other physical activities
- › Thumb loop for ease of application
- › Neoprene blend helps wrist retain soothing warmth

SPECIAL FEATURES



CUSTOM FIT

SUPPORT MODERATE

USE SPORT

MATERIALS

NEOPRENE BLEND,
POLYESTER, NYLON

Customer Measurement Size

Adjustable (11.4 - 24.1cm)

3M Product code	09033EN
RRP	\$25.65
GST applicable	Yes
Barcode	051131201415



Reversible Splint Wrist Brace

PRODUCT BENEFITS

- › Designed to help relieve the symptoms of carpal tunnel syndrome, tendonitis, sprains and arthritis
- › Easy-sleeve design for effortless application
- › Soft touch materials for optimal wearing comfort
- › Reversible for left or right hand

SPECIAL FEATURES



MOISTURE RELEASING TECHNOLOGY

SUPPORT MODERATE
STABILISING

USE EVERYDAY

MATERIALS

NYLON, POLYESTER,
URETHANE, SPANDEX AND
ALUMINIUM

Customer Measurement Size

Adjustable (14.0 - 21.5cm)

3M Product code	10770EN
RRP	\$46.25
GST applicable	GST Free
Barcode	051131196773



Wrap Around Wrist Support

PRODUCT BENEFITS

- › Helps provide reliable support to weak or injured wrists
- › Padding for optimal comfort
- › Limits wrist motion and protects tender wrists
- › Universal fit - for left or right hand
- › Comfortable, skin-friendly materials reduce sweating and keep skin dry

SPECIAL FEATURES



SUPPORT MODERATE

USE EVERYDAY

MATERIALS

COTTON, RUBBER, NYLON, POLYESTER, SPANDEX

Customer Measurement Size

Adjustable (14.0 - 24.1cm)

3M Product code	46709EN
RRP	\$21.80
GST applicable	Yes
Barcode	051131200913



Sport Adjustable Elastic Wrist Brace

PRODUCT BENEFITS

- › Comfortable basic support for weakened or aching wrists
- › High-quality woven fabric for comfort and support
- › Fully adjustable for optimal fit
- › Reduces chance of re-injury

SPECIAL FEATURES



SUPPORT MODERATE
STABILISING

USE SPORT

MATERIALS

COTTON, RAYON, RUBBER

Customer Measurement Size

Adjustable (11.5 - 24.0cm)

3M Product code	FT3610
RRP	\$13.95
GST applicable	Yes
Barcode	051131191662

THUMB

NEW



Deluxe Thumb Stabiliser – Black

PRODUCT BENEFITS

- › Comfortable thumb sleeve and strap for customisable support
- › Two removable stays for efficient thumb stability
- › Durable, non-elastic lacing system with hook tab provides easy, one-step application and adjustability
- › Low profile allows for free movement of remaining fingers
- › Use on right or left hand

SPECIAL FEATURES



SUPPORT MODERATE STABILISING

USE EVERYDAY

MATERIALS

NYLON, POLYESTER, POLYURETHANE FOAM, VINYL, RAYON, ELASTANE

Customer Measurement Size

	Small/Medium (Thumb 5.0 – 6.3cm Wrist 12.7 – 15.5cm)	Large/Xlarge (Thumb 6.3 – 7.6cm Wrist 16.5 – 20.3cm)
3M Product code	45843EN	45844EN
RRP	\$39.80	\$39.80
GST applicable	GST Free	GST Free
Barcode	00051131198555	00051131198548



Deluxe Thumb Stabiliser

PRODUCT BENEFITS

- › Helps stabilise the lower thumb joints for those experiencing arthritic symptoms or degenerative conditions of the thumb
- › Comfortable skin friendly materials reduce sweating and keeps skin dry
- › Adjustable wrist strap for added support
- › Two removable metal stays for efficient thumb stability
- › Allows for flexible hand movement

SPECIAL FEATURES



SUPPORT MODERATE STABILISING

USE EVERYDAY

MATERIALS

NYLON, POLYESTER, URETHANE FOAM, SPANDEX

Customer Measurement Size

	Small/Medium (Thumb 5.0 - 6.3cm & Wrist 12.6 - 17.7cm)	Large/Xlarge (Thumb 6.3 - 7.6cm & Wrist 17.7 - 23.0cm)
3M Product code	45841EN	45842EN
RRP	\$33.60	\$33.60
GST applicable	GST Free	GST Free
Barcode	051131201538	051131200722



Custom Dial Elbow Support

NEW

PRODUCT BENEFITS

- › Applies targeted pressure on the affected elbow tendon without increasing pressure around the entire arm
- › Pressure is delivered more accurately than standard elbow straps and is maintained until the dial is adjusted
- › Soothing gel pad conforms to the shape of the arm and provides additional comfort on the tendon as it moves
- › Adjustable hook and loop strap with soft edges provides additional comfort
- › Low profile design allows easy fit under or over clothing

SPECIAL FEATURES



SUPPORT	FIRM STABILISING SUPPORT
USE	SPORT
MATERIALS	NYLON, POLYESTER, TPE, POLYURETHANE FOAM

	Customer Measurement Size
	Adjustable (17.8 – 35.6cm)
3M Product code	45980EN
RRP	\$49.75
GST applicable	Yes
Barcode	00051131199156



Precision Fit Elbow Support

NEW

PRODUCT BENEFITS

- › Designed to produce targeted compression and support for stiff, weak or injured elbows
- › Comfortable material wicks away moisture and provides enhanced breathability
- › Flexible comfort straps adjust for a personalised fit
- › Low-profile, contoured shape is designed for optimal comfort and support

SPECIAL FEATURES



SUPPORT	MODERATE
USE	EVERYDAY & SPORT
MATERIALS	POLYURETHANE, NYLON, SPANDEX, POLYETHYLENE

	Customer Measurement Size
	Adjustable (16.5 – 34.3cm)
3M Product code	01038EN
RRP	\$29.80
GST applicable	Yes
Barcode	00051131200630

ELBOW



Padded Elbow Support

PRODUCT BENEFITS

- › Massaging pads help relieve symptoms of injury such as pain and accelerating the healing process
- › Recommended for management of tennis/golfers elbow
- › Universal fit (for left or right)
- › Wrap-around strap for customised support
- › Latex Free

SPECIAL FEATURES



SUPPORT MODERATE
STABILISING

USE EVERYDAY

MATERIALS

COTTON, RUBBER, NYLON,
POLYESTER, SPANDEX,
SILICONE

Customer Measurement Size

	Small (23.0 - 25.5cm)	Medium (25.5 - 28.0cm)	Large (28.0 - 30.5cm)
3M Product code	47861EN	47862EN	47863EN
RRP	\$27.50	\$27.50	\$27.50
GST applicable	Yes	Yes	Yes
Barcode	051131200548	051131200555	051131200562



Sport Adjustable Elbow Support

PRODUCT BENEFITS

- › Designed to provide strength and support for stiff, weak or injured elbows
- › Neoprene blend helps elbow retain warmth
- › Two adjustable straps for custom fit
- › Contoured elbow pocket for precision, support and fit

SPECIAL FEATURES



SUPPORT MODERATE

USE SPORT

MATERIALS

NEOPRENE BLEND,
POLYESTER, NYLON

Customer Measurement Size

	Adjustable (16.5 - 34.3cm)
3M Product code	09038EN
RRP	\$28.20
GST applicable	Yes
Barcode	051131201422



Sport Adjustable Tennis Elbow Support

PRODUCT BENEFITS

- › Designed to provide relief from tenderness in the forearm or elbow
- › Tendon pad cushion places gentle, targeted pressure on elbow tendons and muscles
- › Adjustable strap for custom fit and support
- › Single-handed closure system for simple fitting

SPECIAL FEATURES



SUPPORT FIRM STABILISING

USE SPORT

MATERIALS
NYLON, POLYESTER,
POLYURETHANE FOAM

Customer Measurement Size

Adjustable (17.8 - 35.6cm)

3M Product code	45975EN
RRP	\$35.50
GST applicable	Yes
Barcode	051131201545



Surgical Binder & Abdominal Support

PRODUCT BENEFITS

- › Designed to provide moderate support, comfort and fit to the abdominal region
- › Assists return of anatomy to natural position after surgery or rapid weight loss
- › Allows greater freedom of body movement
- › Soft, pliable front panel adjusts to body contours
- › Inconspicuous and discreet under clothing

Customer Measurement Size

Medium (86.4 - 101.6cm) Large (101.6 - 132.1cm)

3M Product code	46201EN	46200EN
RRP	\$69.75	\$69.75
GST applicable	Yes	Yes
Barcode	051131200937	051131200944

SPECIAL FEATURES

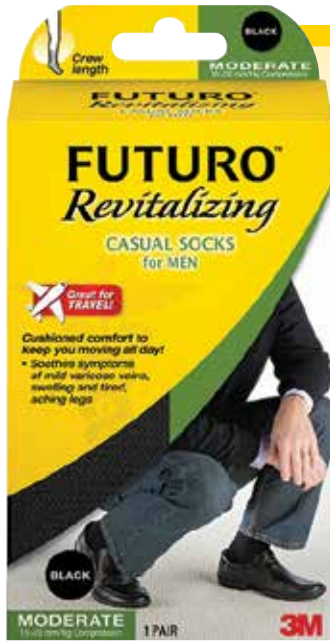


SUPPORT MODERATE

USE EVERYDAY

MATERIALS
POLYESTER, RUBBER, NYLON

SUPPORT SOCKS



Revitalising Casual Socks for Men



PRODUCT BENEFITS

- › Graduated compression improves circulation with maximum compression at the ankle that gradually decreases up the leg to provide a revitalising feeling
- › Provides moderate support to soothe symptoms of mild varicose veins, swelling and tired, achy legs to help you feel great all day
- › Crew length sock features a thicker rib design for added comfort with casual shoes
- › Shock-absorbing, full cushioned sole for added comfort
- › Breathable and odour resistant
- › Wear all day during work, leisure or athletic activities

SPECIAL FEATURES



SUPPORT MODERATE

USE EVERYDAY

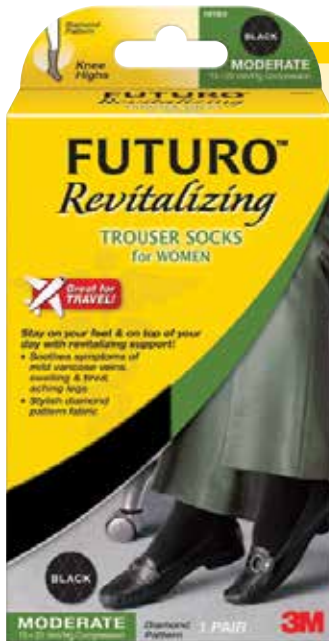
MATERIALS

64% ACRYLIC,
29% NYLON, 7% SPANDEX

Customer Measurement Size

	Medium (Calf circumference 34.3 – 40.6cm, US shoe size 7½-10)	Large (Calf circumference 39.4 – 45.7cm, US shoe size 10½-12)
3M Product code	71020EN	71021EN
RRP	\$33.15	\$33.15
GST applicable	GST Free	GST Free
Barcode	00051131193079	00051131212060

SUPPORT SOCKS



Revitalising Trousers Socks for Women

PRODUCT BENEFITS

- › Graduated compression improves circulation with maximum compression at the ankle that gradually decreases up the leg to provide a revitalising feeling
- › Built-in heel and toe comfort pockets help prevent scrunching and shifting
- › Massages tired, achy legs as you move
- › Ideal for travelling, being on your feet or sitting in one place all day, or active office work
- › Great for business, casual or weekend wear
- › Soft, comfortable fabric with stylish diamond pattern

NEW

SPECIAL FEATURES



SUPPORT MODERATE

USE EVERYDAY

MATERIALS

90% NYLON, 10% SPANDEX

		CALF MEASUREMENT (Inches)							
		10"	11"	12"	13"	14"	15"	16"	
From floor to bend in knee (Inches)	14"								35.5 cm
	15"		Small						38 cm
	16"								40.5 cm
	17"			Medium					43 cm
	18"								45.5 cm
	19"					Large			48 cm
	20"								52 cm
		25 cm	28 cm	30.5 cm	33 cm	35.5 cm	38 cm	40.5 cm	
		CALF MEASUREMENT (Centimeters)							

From floor to bend in knee (Centimeters)

U.S. Shoe Size	FUTURO™ Size
4 - 5	Small
5 1/2 - 7 1/2	Medium
8 - 10 1/2	Large

If you have a history of blood clots, please consult with your physician about the appropriate product for you.

	Customer Measurement Size		
	Small	Medium	Large
3M Product code	71041EN	71042EN	71043EN
RRP	\$33.15	\$33.15	\$33.15
GST applicable	GST Free	GST Free	GST Free
Barcode	00051131200333	00051131191846	00051131191846

BACK



Stabilising Back Support

PRODUCT BENEFITS

- › Designed to provide extra support to stiff, strained or aching back
- › Comfort cushions to support and massage tired aching muscles to relieve pain
- › Adjustable cinch straps for custom support
- › Sleek, non-bulky design provides no restriction of movement
- › Breathable materials for all day comfort

SPECIAL FEATURES



SUPPORT MODERATE STABILISING

USE EVERYDAY

MATERIALS

NYLON, POLYESTER, URETHANE BASED FOAMS, NEOPRENE BLENDS, EVA

	Customer Measurement Size		
	Small/Medium (73.6 - 99.1cm)	Large/Xlarge (99.1 - 127.0cm)	2XLarge/3XLarge (127.0 - 152.4cm)
3M Product code	46815EN	46816EN	46917EN
RRP	\$71.95	\$71.95	\$71.95
GST applicable	Yes	Yes	Yes
Barcode	051131201552	051131200760	051131201453



Adjustable Back Support

PRODUCT BENEFITS

- › May help to provide relief from symptoms of lower back pain and discomfort due to muscle fatigue or strains
- › It permits full range of movement while providing comfortable support and compression
- › Dual pull cord system for quick and easy adjustments
- › Great for workplace, recreation and at home

SPECIAL FEATURES



SUPPORT MODERATE

USE EVERYDAY

MATERIALS

NYLON, POLYESTER, URETHANE BASED FOAMS, NEOPRENE BLENDS, EVA

	Customer Measurement Size
	Adjustable (73 - 129cm)
3M Product code	46820EN
RRP	\$71.95
GST applicable	Yes
Barcode	051131196919



Adult Pouch Arm Sling

PRODUCT BENEFITS

- › For recuperation following bone fracture, sprain and surgery
- › Helps support the weight of the arm
- › Reversible for left or right arm
- › Adjustable shoulder strap with comfort pad to alleviate shoulder discomfort
- › Thumb loop to assist optimal alignment and relieve strain

SPECIAL FEATURES



SUPPORT	MILD
USE	EVERYDAY
MATERIALS	
POLYESTER, COTTON POLYURETHANE, NYLON	

	Customer Measurement Size
	Adjustable
3M Product code	46204EN
RRP	\$36.00
GST applicable	Yes
Barcode	051131200920

COLD-HOT PACK



Cold-Hot Pack

PRODUCT BENEFITS

- › Provides cold or warm relief for the symptoms of pain or injury, i.e., sprains, strains or bruises
- › Contours around most injuries and joints

SPECIAL FEATURES



SUPPORT	WARM/COLD
USE	EVERYDAY
INGREDIENTS	
WATER, PROPYLENE GLYCOL, NYLON/POLYETHYLENE FILM, SODIUM CARBOXYMETHYL CELLULOSE	

	Customer Measurement Size	
	Regular (11 x 25cm)	Large (25.0 x 23.0cm)
3M Product code	FT1602	FT1603
RRP	\$13.40	\$17.65
GST applicable	Yes	Yes
Barcode	051131191648	051131191655



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